

Ally | A term used to describe someone who is actively supportive of LGBTQ+ people. It encompasses straight and cisgender allies, as well as those within the LGBTQ+ community who support each other (e.g., a lesbian who is an ally to the bisexual community).

Asexual | Often called “ace” for short, asexual refers to a complete or partial lack of sexual attraction or lack of interest in sexual activity with others. Asexuality exists on a spectrum, and asexual people may experience no, little or conditional sexual attraction.

Biphobia | The fear and hatred of, or discomfort with, people who love and are sexually attracted to more than one gender.

Bisexual | A person emotionally, romantically or sexually attracted to more than one sex, gender or gender identity though not necessarily simultaneously, in the same way or to the same degree. Sometimes used interchangeably with pansexual.

Cisgender | A term used to describe a person whose gender identity aligns with those typically associated with the sex assigned to them at birth.

Coming Out | The process in which a person first acknowledges, accepts and appreciates their sexual orientation or gender identity and begins to share that with others.

Gay | A person who is emotionally, romantically or sexually attracted to members of the same gender. Men, women and non-binary people may use this term to describe themselves.

Gender binary | A system in which gender is constructed into two strict categories of male or female. Gender identity is expected to align with the sex assigned at birth and gender expressions and roles fit traditional expectations.

Gender dysphoria | Clinically significant distress caused when a person's assigned birth gender is not the same as the one with which they identify.

Gender-expansive | A person with a wider, more flexible range of gender identity and/or expression than typically associated with the binary gender system. Often used as an umbrella term when referring to young people still exploring the possibilities of their gender expression and/or gender identity.

Gender expression | External appearance of one's gender identity, usually expressed through behavior, clothing, body characteristics or voice, and which may or may not conform to socially defined behaviors and characteristics typically associated with being either masculine or feminine.

Gender-fluid | A person who does not identify with a single fixed gender or has a fluid or unfixed gender identity.

Gender identity | One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

Gender non-conforming | A broad term referring to people who do not behave in a way that conforms to the traditional expectations of their gender, or whose gender expression does not fit neatly into a category. While many also identify as transgender, not all gender non-conforming people do.

Genderqueer | Genderqueer people typically reject notions of static categories of gender and embrace a fluidity of gender identity and often, though not always, sexual orientation. People who identify as "genderqueer" may see themselves as being both male and female, neither male nor female or as falling completely outside these categories.

Homophobia | The fear and hatred of or discomfort with people who are attracted to members of the same sex.

Intersex | Intersex people are born with a variety of differences in their sex traits and reproductive anatomy. There is a wide variety of difference among intersex variations, including differences in genitalia, chromosomes, gonads, internal sex organs, hormone production, hormone response, and/or secondary sex traits.

Lesbian | A woman who is emotionally, romantically or sexually attracted to other women. Women and non-binary people may use this term to describe themselves.

LGBTQ+ | An acronym for “lesbian, gay, bisexual, transgender and queer” with a “+” sign to recognize the limitless sexual orientations and gender identities used by members of our community.

Non-binary | An adjective describing a person who does not identify exclusively as a man or a woman. Non-binary people may identify as being both a man and a woman, somewhere in between, or as falling completely outside these categories. While many also identify as transgender, not all non-binary people do. Non-binary can also be used as an umbrella term encompassing identities such as agender, bigender, genderqueer or gender-fluid.

Outing | Exposing someone’s lesbian, gay, bisexual transgender or gender non-binary identity to others without their permission. Outing someone can have serious repercussions on employment, economic stability, personal safety or religious or family situations.

Pansexual | Describes someone who has the potential for emotional, romantic or sexual attraction to people of any gender though not

necessarily simultaneously, in the same way or to the same degree. Sometimes used interchangeably with bisexual.

Queer | A term people often use to express a spectrum of identities and orientations that are counter to the mainstream. Queer is often used as a catch-all to include many people, including those who do not identify as exclusively straight and/or folks who have non-binary or gender-expansive identities. This term was previously used as a slur, but has been reclaimed by many parts of the LGBTQ+ movement.

Questioning | A term used to describe people who are in the process of exploring their sexual orientation or gender identity.

Same-gender loving | A term some prefer to use instead of lesbian, gay or bisexual to express attraction to and love of people of the same gender.

Sex assigned at birth | The sex, male, female or intersex, that a doctor or midwife uses to describe a child at birth based on their external anatomy.

Sexual orientation | An inherent or immutable enduring emotional, romantic or sexual attraction to other people. Note: an individual's sexual orientation is independent of their gender identity.

Transgender | An umbrella term for people whose gender identity and/or expression is different from cultural expectations based on the sex they were assigned at birth. Being transgender does not imply any specific sexual orientation. Therefore, transgender people may identify as straight, gay, lesbian, bisexual, etc.

Transitioning | A series of processes that some transgender people may undergo in order to live more fully as their true gender. This typically includes social transition, such as changing name and pronouns, medical transition, which may include hormone therapy or gender affirming

surgeries, and legal transition, which may include changing legal name and sex on government identity documents. Transgender people may choose to undergo some, all or none of these processes.

Queertionary 2.0

Ace: (*orientation*) shortened version of and slang term for Asexual, and slang term for Aromantic.

Agender: (*gender*) see Genderqueer, a- meaning non; being of no gender.

Ally: a person who is not queer/LGBTQ but supports and promotes rights and equality for queer/LGBTQ people.

Androgynous: (*gender*) the presentation of ambiguous gender, one who presents in such a way.

Aromantic: (*orientation*) a- meaning non; the lack of romantic attraction, and one identifying with this orientation.

Asexual: (*orientation*) a- meaning non; the lack of sexual attraction, and one identifying with this orientation.

Bi: (*orientation*) shortened version of and slang term for Bisexual/Biromantic.

Bigender: (*gender*) see Genderqueer, bi- meaning two; being of two genders, typically masculine and feminine, but not necessarily.

Biromantic: (*orientation*) bi- meaning two; the romantic attraction to both male/men and female/women, and one identifying with this orientation.

Bisexual: (*orientation*) bi- meaning two; the sexual attraction to both male/men and female/women, and one identifying with this orientation.

Cisgender: (*gender*) cis- meaning on the near side, and opposed to trans-; when the sex of the body matches the gender of the mind, and one identifying with this.

Cissex/Cissexual: (*sex*) cis- meaning on the near side, as opposed to trans-; having been born in the correct sex body, and one identifying with this.

Cross Dressing: (*gender*) see also Drag; the practice or act of dressing as the other gender.

Demisexual: (*orientation*) demi- meaning half; the sexual attraction between sexual and asexual.

Drag King: (*gender*) see also Transvestite or Drag Queen; a female/woman who dresses as a male/man, typically as a performance.

Drag Queen: (*gender*) see also Transvestite or Drag King; a male/man who dresses as a female/woman, typically as a performance.

Drag: (*gender*) see also Cross Dressing; the practice or act of dressing as the other gender, typically as a performance.

Dyadic: (*sex*) see Sex Binary; not being Intersex, mostly used by people who are Intersex.

E/Em: (*pronoun*) see Ey/Em; referring to one who is of undisclosed or non-binary gender.

Ey/Em: (*pronoun*) see E/Em; referring to one who is of undisclosed or non-binary gender.

Female: (*sex*) being of the female sex.

FTM: (*sex*) Female to Male; of Transsex/Transsexual people, the Transition from Female to Male, and one pre, mid or post said Transition identifying with this.

Gay: (*orientation*) slang term for Homosexual.

Gender Binary: (*gender*) binary meaning of two parts; the concept that gender is a binary, comprised of masculine/men and feminine/women.

Genderqueer: (*gender*) see Agender and Bigender; being of neither, both and/or other gender in regards to the masculine/feminine gender binary.

He/Him: (*pronoun*) referring to one who is of masculine gender.

Heteroromantic: (*orientation*) hetero- meaning other; a romantic attraction to the other sex/gender, and one identifying with this orientation. Typically

female/women attracted to male/men, and vice versa.

Heterosexual: (*orientation*) hetero- meaning other; a sexual attraction to the other sex/gender, and one identifying with this orientation. Typically female/women attracted to male/men, and vice versa.

Homoromantic: (*orientation*) homo- meaning same; the romantic attraction to the same sex/gender, and one identifying with this orientation. Female/women romantically attracted to female/women, and male/men romantically attracted to male/men.

Homosexual: (*orientation*) homo- meaning same; the sexual attraction to the same sex/gender, and one identifying with this orientation. Female/women sexually attracted to female/women, and male/men sexually attracted to male/men.

Intersex: (*sex*) being born of ambiguous or indeterminate sex.

Lesbian: (*orientation*) of female/women, the sexual attraction to female/women, and one identifying with this orientation.

LGBT: Lesbian, Gay, Bisexual, Transgender; the original acronym, when it was realised there were other identities than gay and lesbian.

LGBTQ: Lesbian, Gay, Bisexual, Trans, Queer; the more inclusive acronym, adding queer to acknowledge the existence of other identities without turning the acronym into alphabet soup.

Male: (*sex*) being of the male sex.

Man: (*gender*) being of the masculine gender.

MTF: (*sex*) Male to Female; of Transsex/Transsexual people, the Transition from Male to Female, and one pre, mid or post said Transition identifying with this.

Pan: (*orientation*) shortened version of and slang term for Pansexual/Panromantic.

Panromantic: (*orientation*) pan- meaning all; the romantic attraction to all sexes/genders, and one identifying with this orientation.

Pansexual: (*orientation*) pan- meaning all; the sexual attraction to all sexes/genders, and one identifying with this orientation.

Polyamorous: (*orientation*) poly meaning many; the desire or need to have multiple relationships or multiple people in a relationship.

Polyromantic: (*orientation*) poly-meaning many; see also Spectraromantic; the sexual attraction to various sexes/genders, and one identifying with this orientation.

Polysexual: (*orientation*) poly- meaning many; see also Spectrasexual; the sexual attraction to various sexes/genders, and one identifying with this orientation.

Queer: catch-all term for non-cis/heteronormative identities, or non-specific non-cis/heteronormative identity.

Sex Binary: (*sex*) binary meaning of two parts; the concept that sex is a binary, comprised of male and female.

Sexual: (*orientation*) as opposed to Asexual; having sexual attraction, one who has sexual attraction.

She/Her: (*pronoun*) referring to one who is of feminine gender.

Spectraromantic: (*orientation*) spectra- from spectrum; see also Polyromantic; the romantic attraction to a spectrum of sexes/genders, and one identifying with this orientation.

Spectrasexual: (*orientation*) spectra- from spectrum; see also Polysexual; the sexual attraction to a spectrum of sexes/genders, and one identifying with this orientation.

SRS: (*sex*) Sex Reassignment Surgery; see Transition; surgery on genitalia, to

change the sex of a person.

Straight: (*orientation*) slang term for Heterosexual/Heteroromantic.

They/Them: (*pronoun*) referring to one who is of undisclosed gender, or in the generic.

Trans: (*sex/gender*) shortened version of and slang term for Transsex/Transsexual, Transgender or Transvestite, and slang term which can be used to mean all or any identities of non-binary sex/gender, except Intersex.

Transgender: (*gender*) trans- meaning cross; when the sex of the body does not match the gender of the mind, and one identifying with this.

Transition: (*sex*) see SRS; the entire process of changing sex, including hormones and surgery.

Transsex/Transsexual: (*sex*) trans- meaning cross; having been born in the wrong sex body, often having treatment to change the sex of the body, and one identifying with this.

Transvestite: (*gender*) trans- meaning cross; see also Drag King or Drag Queen; somebody who practices Drag / Cross Dressing.

Woman: (*gender*) being of the feminine gender.

Ze/Hir: (*pronoun*) referring to one who is of undisclosed or non-binary gender.